The watch has two hands--a longer hand and a shorter hand. The shorter hand is also called 'hour hand' and the longer hand is called 'minute hand'.

The shorter hand takes one hour to move from one number to the next number while the longer hand goes once round the dial in 1 hour. Thus the minute hand covers 60 small divisions in 1 hour.

Therefore 1 hour = 60 minutes

Activity:
Draw 6 different clocks to show the time:
a) 3 O'clock
b) $2: 35$
c) $10: 30$
d) $9: 45$
e) $1: 15$

Use of a.m. and p.m.
a.m. is used for time between 12 o'clock midnight and 12 o'clock noon.p.m. is used for time between 12 o'clock noon and 12 o 'clock midnight.

Activity:
Write the time.Use a.m. or p.m.
a) 2 hours before 12:00 noon
b) 1 hour after 11:15 a.m.
c) 3 hours after 11:30 p.m.
d) 4 hours before 6:05 a.m.
e) 3 hours before 1:10 a.m.

